**Feelings, Behaviour & Relationships**

My response to stimuli and situations, seeking comfort and self-regulation, self-reflection and communication, relational activities, team work, negotiation, boundaries, choices and rules

**Basic Skills:**

**Numeracy**

Counting, 2D and 3D

shapes, Positional language,

sequencing, money, height,

weight, length and capacity,

manipulating numbers

**Basic Skills:**

**Literacy**

Handwriting, Phonics,

Alphabet, High Frequency,

Words, Rhyming, Role Play,

Listening to Stories, Vocabulary

Building

**Speech, Language and Communication**

Attention and Listening, Play and Social Skills, Understanding, Talking

**Mental Health and Wellbeing**

Autonomy, Competence, Healthy Relationships, Self-Acceptance, Personal Growth, Purpose in Life