Positive Behaviour Support Plan

**Name:**

**Date of plan:**

Similar to ECHP’s a prompt will be added for each section

**Date to review plan:**

**Behaviours displayed during: Care / Education**

About me:

|  |
| --- |
| Home placement and family dynamics |
|  |

|  |
| --- |
| Therapeutic snapshot |
|  |

Do we need to add national norms?

Learning profile:

|  |  |  |  |
| --- | --- | --- | --- |
| Reading Age |  | Phonological Unaided Passage |  |
| Reading comprehension age |  | Phonological Spelling |  |
| Puma numeracy |  | Phonological Word Knowledge |  |

|  |  |
| --- | --- |
| Learning Style |  |

Learns best when:

|  |  |
| --- | --- |
| Environment |  |
| Sensory |  |
| Communication |  |

|  |  |
| --- | --- |
| **My priority behaviours are:** | The function of these behaviours are: |
|  |  |

Triggers that may cause me to display behaviours of concern.

|  |  |
| --- | --- |
| **Slow triggers** | **Fast triggers** |
|  |  |

**Other behaviours I may display**

**Impact of behaviour to self and others**

**Ways to reinforce positive behaviours**

**Proactive Strategies to help me maintain my baseline behaviours**

|  |  |
| --- | --- |
| Overview of baseline information. **Behaviour when calm and relaxed** | |
| Observation: What is seen & heard | Response: Supportive action |
|  |  |

|  |  |
| --- | --- |
| Indicators that my behaviour continues to escalate but still have the potential to calm down. **Behaviour when anxious, aroused or distressed** | |
| Observation | Response |
|  |  |

|  |  |
| --- | --- |
| Indicators that I have reached crisis and I am out of control. **Incident!** | |
| Observation | Response |
|  |  |

|  |  |
| --- | --- |
| What you can do to help me recover and return to baseline behaviours. **Calming down - but still need to be careful** | |
| Observation | Response |
|  |  |

**What support or coping skills I may need to reduce the frequency, intensity or duration of these behaviours?**

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| --- |
|  |

**Go to people:**