



The William Henry Smith School

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Training and Development Programme

September 2020 to July 2021



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What We Do

We are Ofsted Outstanding in all areas and have been Ofsted Social Care Outstanding for 15 consecutive years. We provide outstanding progress and outcomes for young people. We work with children and young people across a broad spectrum of social, emotional and mental health challenges. We use our knowledge, experience and expertise to help them *become the best they can be*. Improving Quality of Life underpins all our work.

We have a dedicated training department that provides training to our own staff and to external agencies, sharing knowledge and expertise, locally, regionally, nationally and internationally. As a Centre of Excellence we deliver training to families, schools, colleges, Universities, NQT's, PRU's and Local Authorities.

Our lead trainer has a wealth of knowledge and experience working in SEND settings and is an Executive member of SEBDA. All our trainers are specialists in their field.

We deliver a range of courses throughout the academic year for external agencies at our training venue.

We can also deliver training in your setting at a date and time to suit you and your staff. This can either be delivered on one of your inset days or in part sessions as 'twilight' training at the end of the school day.

COVID 19

The Covid 19 pandemic has had an impact on how we can deliver our training. We can currently deliver to a maximum of 24 delegates in your setting. However, our pre-bookable training courses will not be running in the first half term of the new academic year due to restrictions.

Dates and How to Book

A full list of dates and times for the pre-arranged training sessions are at the back of this training programme. To book a place on a pre-arranged course, please complete the booking form at the end of this training programme and e-mail it to:- holly.moore@whsschool.org.uk

If you wish to book training in your setting, please contact Holly Moore on 01484 710123 or e-mail on the above e-mail address.

Cancellation Policy

Names on course bookings can be changed without any charge. Please give us at least 24 hours notice, in order that registers and certificates can be amended accordingly.

If you wish to cancel your place on a course, please give at least 3 working days' notice, there will be no charge for cancellation at this time. After this time, cancellations will be charged at 50% of the course fee. If no notice is received you will be charged at 100% of the course fee.

Positive Behaviour Support Training

Talking Strategies to reinforce Positive Behaviour

This training looks behind behaviour, particularly in terms of communication between children and adults. It looks at the best verbal and non-verbal means of communication to avoid conflict and to de-escalate situations in order to prevent physical interventions.

This is key training in order to enable staff to deal with behaviour management issues in the classroom today.

Topics covered include:-

- Planned Ignoring
- Eye Contact
- Physical Proximity
- Simple Definitions
- Positive Reinforcement
- Natural Consequences
- Time Out
- Repair and Rebuild

This training is delivered in 3 hours (half day session) at a cost of £55 per person (dates at back of programme)

This can also be delivered in your setting to an unlimited amount of staff at a cost of £500 per 3 hour session.

Team Teach – Foundation Level

Aimed at low risk Service Settings (Mainstream Primary/Secondary Schools, Nurseries, Children's Hospitals, Elderly Care etc), this course covers personal safety, risk reduction strategies, positive handling, together with documentation and legal guidance.

This is organised into 8 modules:-

Module 1 – Background to Team Teach

Module 2 – The Legal Framework

Module 3 – Understanding Aggression

Module 4 – How Feelings Drive Behaviours

Module 5 – De-escalation and Diffusion

Module 6 – Personal Safety

Module 7 – Positive Handling (Mainly guiding and escorting safety – if a great degree of holding is required please refer to the 12 hour Basic Course)

Module 8 – Repair, Reflection and Review

Participants will receive a course work book and certificate. Certification of this course is valid for 2 years.

**This training is delivered in 6 hours (full day session) at a cost of £90 per person. (Lunch is provided at training held by WHSS – dates at back of programme)
It can also be delivered in your setting to the following numbers of staff:-**

Maximum of 12 delegates – 6 hour session £950 (1 trainer)

Maximum of 24 delegates – 6 hour session £1300 (2 trainers)

This can be delivered in either of the following ways:-

1 x full day (6 hour session)

3 x 2 hour twilight sessions (after school)

2 x 3 hour twilight sessions (after school)

Team Teach Refresher

In order to maintain certification of Team Teach, refresher training should be undertaken every 2 years (prior to your certificate expiring).

You must have your previous certificate with you at the training in order to gain re-certification, without this we cannot recertify the training.

This training is delivered in 3 hours (half day session) at a cost of £55 per person (dates at back of programme)

It can also be delivered in your setting to the following numbers of staff:-

Maximum of 12 delegates – 3 hour session £550 (1 trainer)

Maximum of 24 delegates – 3 hour session £850 (2 trainers)

Behaviour Support Reviews

We offer full behaviour support reviews in your setting, this includes 1 day reading and planning, 1 day in your school and report writing and feedback to your setting, complete with action points.

Positive behaviour support reduces the likelihood of behaviour that challenges. The overall aim of behaviour support reviews is to improve the quality of support offered to children by improving the knowledge and understanding of staff to enable them to provide the right support for a child, at the right time.

Delivered in your setting at date and time to suit you at a cost of £550.

CEOP

The School is now certified in the 'Thinkuknow' CEOP safeguarding training and able to deliver this to other settings. CEOP Ambassadors can deliver the bespoke Thinkuknow Introduction Course – a series of modules for CEOP Ambassadors to deliver to other professionals.

The CEOP Thinkuknow course lasts three hours and provides an in-depth look at:

- Introduction to CEOP and reporting
- How children and young people use the internet, social media and online technologies
- The nature of online sexual offending against children and young people
- Dealing with incidents of youth produced sexual imagery
- How to deliver strong preventative education on online sexual abuse and exploitation across age groups

Working with children and young people with problematic or harmful sexual behaviour

Organisations are becoming increasingly aware of the prevalence of peer-on-peer abuse. A third of those who have sexually abused a child are under the age of 18, making this an important safeguarding issue. This is an especially difficult issue to deal with because it is not always easy to tell the difference between normal sexual exploration and abusive behaviour. Children, particularly in the younger age groups, may engage in such behaviour with no knowledge that it is wrong or abusive. This two-hour training course will provide professionals with a sound understanding of developmentally appropriate sexual behaviour and practical skills for those working with students who may display problematic or harmful sexual behaviour.

This training is delivered in 1 ½ hours a cost of £40 per person. (Training held by WHSS – dates at back of programme)

For further information on CEOP and Working with children and young people with problematic or harmful sexual behaviour please contact Lisa King.

All of the courses detailed below are delivered in 3 hours (half day sessions) at a cost of £55 per person (dates at back of programme)

This can also be delivered in your setting to an unlimited amount of staff at a cost of £500 per 3 hour session.

Attachment and Trauma – Course Objectives

- Identify challenges to Children and Young People with complex needs in education with attachment as a key influencing factor
- Define attachment disorder & implications for learning, behaviour and aspirations
- Identify practical strategies for teachers & support staff in the school context
- Present Solution Focussed tools and PACE as key tools and methods of supporting these children
- Consider how you might incorporate some of these strategies into your own school based support systems

Autism – Course Objectives

- Consider definitions and how to understand the condition
- Look at the characteristic features
- Explore the ASD profile – a triad of impairments
- Consider the similarities and differences in profiles
- What do the students with ASD say and feel?
- What can school staff do to make the learning context ASD friendly?

Attention Deficit and Hyperactivity Disorder – Course Objectives

- Understand what causes ADHD
- Recognise the symptoms
- Understand the impacts on learning and behaviour
- Understand how ADHD is diagnosed
- Learn about recognised tools and interventions to support children with ADHD
- Learn tips and advice for practitioners working with these children

Managing Anger – Course Objectives

- To clarify the concept of emotional literacy.
- To raise awareness of the effects of 'problem anger'
- To consider definitions and evolutionary functions of anger
- To introduce a range of anger models which are accessible and useful for understanding how anger occurs

Mental Health & Well Being – Course Objectives

- To clarify definitions of mental health and highlight risk and resilience factors
- To place mental health and mental health difficulties in the broader context of wellbeing
- To understand national policy and organisational structures for services that promote psychological wellbeing and mental health
- To identify sources of information on evidence-informed approaches to promoting wellbeing
- To identify sources of information on relevant tools for identification, assessment & evaluation

Understanding Stress, Depression and Anxiety – Course Objectives

- To clarify the nature of stress, depression and anxiety
- To highlight some key tools and effective thinking strategies from Cognitive Behaviour Therapy (CBT) and Positive Psychology approaches which are useful in supporting children and young people
- To introduce some of the resources which support the development of these skills
- To ensure that practitioners have the opportunity to develop and practice their own skills and access resources which are practical and user friendly

Understanding Self Harm – Course Objectives

- Definition and meaning of the term DSH
- To learn how common it is
- To learn why young people do it
- To be able to talk to young people about DSH
- To decide when to refer onto other services
- To agree evidence based approaches

Training Programme – Dates and Times

Positive Behaviour Support Training Talking Strategies to reinforce Positive Behaviour - £55 per person	
Date	Time
Thursday 19 th November 2020	1:00pm – 4:00pm
Friday 26 March 2021	1:00pm – 4:00pm
Thursday 24 th June 2021	1:00pm – 4:00pm

Positive Behaviour Support Training – Places are limited Team Teach – Foundation Level - £90 per person	
Date	Time
Friday 20 th November 2020	9:30am – 4:00pm
Friday 11 th December 2020	9:30am – 4:00pm
Friday 29 th January 2021	9:30am – 4:00pm
Friday 26 th February 2021	9:30am – 4:00pm
Friday 19 th March 2021	9:30am – 4:00pm
Friday 23 rd April 2021	9:30am – 4:00pm
Friday 21 st May 2021	9:30am – 4:00pm
Friday 25 th June 2021	9:30am – 4:00pm
Friday 16 th July 2021	9:30am – 4:00pm

Positive Behaviour Support Training

Team Teach Foundation Level – Refresher - £55 per person

Date	Time
Thursday 12 th November 2020	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 10 th December 2020	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 28 th January 2021	9:00am – 12 noon 1:00pm – 4:00pm
Thursday 25 th March 2021	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 22 nd April 2021	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 20 th May 2021	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 17 th June 2021	9:00am – 12 noon or 1:00pm – 4:00pm

CEOP (Thinkuknow) £40 per person

Date	Time
Monday 11 th January 2021	9:00am to 10:30am
Thursday 4 th February 2021	1:30pm to 3:00pm

Working with children and young people with problematic or harmful sexual behaviour £40 per person

Date	Time
Monday 21 st September 2020	9:00am to 10:30am
Thursday 12 th November 2020	1:30pm to 3:00pm
Monday 8 th March 2020	9:00am to 10:30am

SEMH Training	
£55 per person	
Subject and Date	Time
Managing Anger Thursday 5 th November 2020	9:00am – 12 noon
Understanding Stress, Depression and Anxiety Thursday 4 th March 2021	9:00am – 12 noon
Understanding Self Harm Thursday 10 th June 2021	9:00am – 12 noon
The Following SEMH courses are available to book within your setting, we do not run these as pre-booked sessions. There are no maximum numbers for this training. The cost is £500 per session.	
Attachment and Trauma	Autism
Attention Deficit and Hyperactivity Disorder	Mental Health and Wellbeing



Training Course Booking Form

<u>Course Details</u>	<u>Date</u>	<u>Time</u>
Organisation Contact, Address and Invoice Details		
	Contact Details	Invoicing Details (if different)
Contact Person		
Role		
Organisation Name		
Type of Organisation		
Address Line 1		
Address Line 2		
Address Line 3		
County		
Post Code		
Tel		
Email		
Attendee Information		
Attendee 1	Name:	Email:
	Role in Organisation:	
Attendee 2	Name:	Email:
	Role in Organisation:	
Attendee 3	Name:	Email:
	Role in Organisation:	
Attendee 4	Name:	Email:
	Role in Organisation:	
Attendee 5	Name:	Email:
	Role in Organisation:	
Attendee 6	Name:	Email:
	Role in Organisation:	

Please return form via email to:

holly.moore@whsschool.org.uk